



Shepherd's Gate

Livermore

1660 Portola Ave

Livermore, CA 94551

925-443-4283

Brentwood

605 Sycamore Ave

Brentwood, CA 94513

925-308-7507

Produce Donation

We are always on the lookout for donations of fresh produce, which is both full of nutrients and helps promote home-cooking. Many of our neighbors realize they have an excess of produce in their p-patches or home gardens. To donate contact Carol Aivagedis in Livermore at caivagedis@shepherdsgate.org or Tina Moore in Brentwood at tmoore@shepherdsgate.org.



Nutrition Guidance for Food Donations

Our Commitment

Shepherd's Gate recognizes the important role that food and nutrition play in our neighbors' health. To acknowledge the generational impacts of oppressive practices, policies and structures that perpetuate food access challenges in Alameda County and Contra Costa County we strive to provide nutritious foods to our community. While we accept all donations, some options support our commitment to our neighbors more than others. Please use this list to guide your donation choices.

Donation List

Proteins

Low sodium, packed in water

Canned chicken
Canned tuna
Canned roast beef
Canned beans
Nutritional shakes

Fruits and Vegetables

Low sodium, no sugar added, packed in water or juice

Fresh fruits and vegetables
Canned vegetables (green beans, corn, beets)
Canned fruit (any variety)

Grains

Whole grain when available. Bags 5 pounds or less

Rice
Whole grain pasta
Oats

Cooking Essentials

Vegetable-based oils
Coconut Oil
Spices (salt, pepper, cumin, ginger, garlic, etc.)

Healthy Snacks

High Fiber granola bars
Nuts
Instant Oatmeal
Protein bars
Beefy Jerky or Beef Sticks
Smart Pop Popcorn

Beverages

Coffee (instant or ground)
Tea
Shelf-stable milk
100% fruit juice (no sugar added)
Bottled Water

Baby/Toddler Foods

Meat Pouches
Fruit and Veggies Pouches
Little Crunches, Puffs
or Sticks
Yogurt Melts

Hygiene Items

Deodorant
Toilet paper
Shampoo (Full Size)
Conditioner (Full Size)
Body wash (Full Size)
Toothbrushes
Toothpaste (Full Size)

Household Items

Household cleaning items
Toilet paper
Paper Towels
Laundry Detergent Pods
Trash Bags



Shepherd's Gate