



Shepherd's Gate

Livermore

1660 Portola Ave

Livermore, CA 94551

925-443-4283

Brentwood

605 Sycamore Ave

Brentwood, CA 94513

925-

Produce Donation

We are always on the lookout for donations of fresh produce, which is both full of nutrients and helps promote home-cooking. Many of our neighbors realize they have an excess of produce in their p-patches or home gardens. To donate contact Carol Aivagedis in Livermore at caivagedis@shepherdsgate.org or Tina Moore in Brentwood at tmoore@shepherdsgate.org.



Nutrition Guidance for Food Donations

Our Commitment

Shepherd's Gate recognizes the important role that food and nutrition play in our neighbors' health. To acknowledge the generational impacts of oppressive practices, policies and structures that perpetuate food access challenges in Alameda County and Contra Costa County we strive to provide nutritious foods to our community. While we accept all donations, some options support our commitment to our neighbors more than others. Please use this list to guide your donation choices.

Donation List

Fruits and Vegetables

Low sodium, no sugar added, packed in water or juice

- Fresh fruits and vegetables
- Canned vegetables (green beans, corn, beets)
- Canned fruit (any variety)

Proteins

Low sodium, packed in water

- Canned chicken
- Canned tuna
- Canned roast beef
- Canned beans
- Nutritional shakes

Grains

Whole grain when available

- Rice
- Whole grain pasta
- Oats

Cooking Essentials

- Vegetable-based oils
- Coconut Oil
- Spices (salt, pepper, cumin, ginger, garlic, etc.)

Healthy Snacks

- High Fiber granola bars
- Nuts
- Instant Oatmeal
- Protein bars
- Beefy Jerky or Beef Sticks
- Smart Pop Popcorn

Beverages

- Coffee (instant or ground)
- Tea
- Shelf-stable milk
- 100% fruit juice (no sugar added)
- Bottled Water

Hygiene Items

- Deodorant
- Toilet paper
- Shampoo (Full Size)
- Conditioner (Full Size)
- Body wash (Full Size)
- Toothbrushes Toothpaste (Full Size)

Household Items

- Household cleaning items
- Toilet paper
- Paper Towels
- Laundry Detergent Sheets
- Trash Bags



Shepherd's Gate